

MENTAL HEALTH RESOURCES

KANSAS CITY METRO

DOMESTIC VIOLENCE

National Domestic Violence Hotline: 800-799-7233

Domestic Violence KC Metro Hotline: 816-468-5463

- Synergy Services ~ 816-587-4100 ~ 400 E 6 St, Parkville, MO 64152
- Hope House ~ 816-461-4673
- SafeHome ~ 913-262-2868
- Rose Brooks ~ 816-861-6100



SEXUAL ABUSE

National Sexual Assault Hotline: 1-800-656-4673

- MOCSA ~ 816-931-4527 ~ 3100 Broadway Blvd #400, Kansas City, MO 64111

HOMELESS SHELTERS

- Hillcrest Transitional Housing ~ 816-600-2681 ~ 501 SW Mission Rd, Lee's Summit, MO 64063
- Salvation Army Housing ~ 816-252-3200 ~ 14700 E Truman Rd, Independence, MO 64050
- Mother's Refuge ~ 816-356-4797 ~ 3721 S Delridge Rd, Independence, MO 64052
- City Union Mission ~ 816-474-9380



PSYCHIATRIC SERVICES (ADULT)

- White Oak Psychiatric Services ~ 816-886-2184 ~ 4045 NE Lakewood Way #130, Lee's Summit, MO 64064
- Psychiatry Associates of Kansas City ~ 913-385-7252 ~ 8900 State Line Rdd Suite #380, Leawood, KS 66206

PSYCHIATRIC SERVICES (CHILDREN)

- White Oak Psychiatric Services ~ 816-886-2184 ~ 4045 NE Lakewood Way #130, Lee's Summit, MO 64064
- Monarch Mental Health ~ 913-291-0076 ~ 41211 W 83rd Suite #254, Prairie Village, KS 66208
- Mental Health Partners ~ 913-649-0923 ~ 1901 w 47th Pl, Westwood, KS 66205



IN-PATIENT THERAPY

- Signature Psychiatric Hospital ~ 816-890-9437 ~ 2900 Clay Edwards Dr, Kansas City, MO 64116
- Cottonwood Springs ~ 913-353-3000 ~ 13351 S Arapaho Dr, Olathe, KS 66062
- KU- Marillac ~ 913-574-3800 ~ 8000 W 127th St, Overland Park, KS 66213
- St. Luke's-Crittenton ~ 816-765-6600 ~ 10918 Elm Ave, Kansas City, MO 64134
- Royal Oaks Hospital ~ 800-456-2634 ~ 307 N Main St, Windsor, MO 65360



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CRISIS INFORMATION

Suicide and Crisis Lifeline: 988

- ReDiscover Behavioral Urgent Care ~ 816-988-2739 ~ 7001 Blue Ridge Blvd, Raytown, MO 64133
- Go to ANY hospital emergency room



FAMILY SUPPORT

- Family Support Division Branch ~ 855-373-9994 ~ 3675 S Noland Rd #110, Independence, MO 64055
- Jill Katz, PLPC, Family Law Attorney ~ 816-421-5289
- Resource Health (Pregnancy Care) ~ 816-921-5050 ~ 1240 NE Windsor Dr, Lee's Summit, MO 64086

MENTAL HEALTH APPS

Online Therapy

- Betterhelp
- Talkspace

Meditation/ Stress Relief

- Calm
- Headspace
- Finch

LGBTQ+

- Pride Counseling

Eating Disorders

- Recovery Record



SUBSTANCE USE

SAMHSA National Helpline: 1-800-662-4357

- Midwest Recovery Center ~ 844-597-1376 ~ 13340 Holmes Rd, Kansas City, MO 64145
- Drug Addiction Recovery ~ 816-404-6170 ~ 300 SE Grand Ave, Lee's Summit, MO 64063

MEDICAID PROVIDERS

- ReDiscover (6yo+) ~ 816-966-0900 ~ 1555 NE Rice Rd C, Lee's Summit, MO 64086
- TMC Lakewood Counseling ~ 816-404-6170 ~ 300 SE 2nd St, Lee's Summit, MO 64063
- Embark Counseling (KS Medicaid Only) ~ 913-257-3161

SLIDING SCALE

- Abundant Life ~ 816-554-8181 ~ 304 SW Persels Rd, Lee's Summit, MO 64081
- Peace Partnerships ~ 816-886-0195 ~ 605 NE Woods Chapel Rd, Lee's Summit, MO 64064



TALKING TO KIDS ABOUT THERAPY

- <https://childmind.org/article/how-to-talk-to-kids-about-starting-therapy/>
- <https://www.handspringhealth.com/post/how-to-talk-to-your-child-about-starting-therapy>

FINDING & UNDERSTANDING THERAPY

- Psychology Today ~ psychologytoday.com
- Choosing Therapy ~ choosingtherapy.com



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EATING DISORDERS- PARTIAL HOSPITALIZATION

- ED Care ~ 913-305-5051 ~ 8300 College Blvd, Suite 300, Overland Park, KS 66210
- McCallum Place ~ 913-906-9091 ~ 12140 Nall Ave, Suite 315, Overland Park, KS 66209



EATING DISORDERS- DIETITIAN

- Beth Harrell, MS, RD, CD, CEDRD and Rebecca McConville, MS, RD, CD, CSSD, CEDRD ~ 816-600-0660 ~ 326 SE Douglas St, Suite B, Lee's Summit, MO 64063
- Paula Antonacci, RD, LD ~ 816-444-5511 ~ 9229 Ward Pkwy, Suite 225, Kansas City, MO 64114
- Ariel Johnston ~ 816-607-3091 ~ 6155 Oak St, Suite C, Kansas City, MO 64113

***Please note these resources are
NOT endorsed by Healing Grace***

