

# MENTAL HEALTH RESOURCES

KANSAS CITY METRO

## DOMESTIC VIOLENCE

National Domestic Violence Hotline: 800-799-7233

Domestic Violence KC Metro Hotline: 816-468-5463

- Synergy Services ~ 816-587-4100 ~ 400 E 6 St, Parkville, MO 64152
- Hope House ~ 816-461-4673
- SafeHome ~ 913-262-2868
- Rose Brooks ~ 816-861-6100



## SEXUAL ABUSE

National Sexual Assault Hotline: 1-800-656-4673

- MOCSA ~ 816-931-4527 ~ 3100 Broadway Blvd #400, Kansas City, MO 64111

## HOMELESS SHELTERS

- Hillcrest Transitional Housing ~ 816-600-2681 ~ 501 SW Mission Rd, Lee's Summit, MO 64063
- Salvation Army Housing ~ 816-252-3200 ~ 14700 E Truman Rd, Independence, MO 64050
- Mother's Refuge ~ 816-356-4797 ~ 3721 S Delridge Rd, Independence, MO 64052
- City Union Mission ~ 816-474-9380



## PSYCHIATRIC SERVICES (ADULT)

- White Oak Psychiatric Services ~ 816-886-2184 ~ 4045 NE Lakewood Way #130, Lee's Summit, MO 64064
- Psychiatry Associates of Kansas City ~ 913-385-7252 ~ 8900 State Line Rdd Suite #380, Leawood, KS 66206

## PSYCHIATRIC SERVICES (CHILDREN)

- White Oak Psychiatric Services ~ 816-886-2184 ~ 4045 NE Lakewood Way #130, Lee's Summit, MO 64064
- Monarch Mental Health ~ 913-291-0076 ~ 41211 W 83rd Suite #254, Prairie Village, KS 66208
- Mental Health Partners ~ 913-649-0923 ~ 1901 w 47th Pl, Westwood, KS 66205



## IN-PATIENT THERAPY

- Signature Psychiatric Hospital ~ 816-890-9437 ~ 2900 Clay Edwards Dr, Kansas City, MO 64116
- Cottonwood Springs ~ 913-353-3000 ~ 13351 S Arapaho Dr, Olathe, KS 66062
- KU- Marillac ~ 913-574-3800 ~ 8000 W 127th St, Overland Park, KS 66213
- St. Luke's-Crittenton ~ 816-765-6600 ~ 10918 Elm Ave, Kansas City, MO 64134
- Royal Oaks Hospital ~ 800-456-2634 ~ 307 N Main St, Windsor, MO 65360



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## CRISIS INFORMATION

**Suicide and Crisis Lifeline: 988**

- ReDiscover Behavioral Urgent Care ~ 816-988-2739 ~ 7001 Blue Ridge Blvd, Raytown, MO 64133
- Go to ANY hospital



## FAMILY SUPPORT

- Family Support Division Branch ~ 855-373-9994 ~ 3675 S Noland Rd #110, Independence, MO 64055
- Jill Katz, PLPC, Family Law Attorney ~ 816-421-5289
- Resource Health (Pregnancy Care) ~ 816-921-5050 ~ 1240 NE Windsor Dr, Lee's Summit, MO 64086

## MENTAL HEALTH APPS

### Online Therapy

- Betterhelp
- Talkspace

### Meditation/ Stress Relief

- Calm
- Headspace

### LGBTQ+

- Pride Counseling

### Eating Disorders

- Recovery Record



## SUBSTANCE USE

**SAMHSA National Helpline: 1-800-662-4357**

- Midwest Recovery Center ~ 844-597-1376 ~ 13340 Holmes Rd, Kansas City, MO 64145
- Drug Addiction Recovery ~ 816-404-6170 ~ 300 SE Grand Ave, Lee's Summit, MO 64063

## MEDICAID PROVIDERS

- ReDiscover ~ 816-966-0900 ~ 1555 NE Rice Rd C, Lee's Summit, MO 64086
- TMC Lakewood Counseling ~ 816-404-6170 ~ 300 SE 2nd St, Lee's Summit, MO 64063

## SLIDING SCALE

- Abundant Life ~ 816-554-8181 ~ 304 SW Persels Rd, Lee's Summit, MO 64081
- Peace Partnerships ~ 816-886-0195 ~ 605 NE Woods Chapel Rd, Lee's Summit, MO 64064

**\*Please note these resources are NOT endorsed by Healing Grace\***

